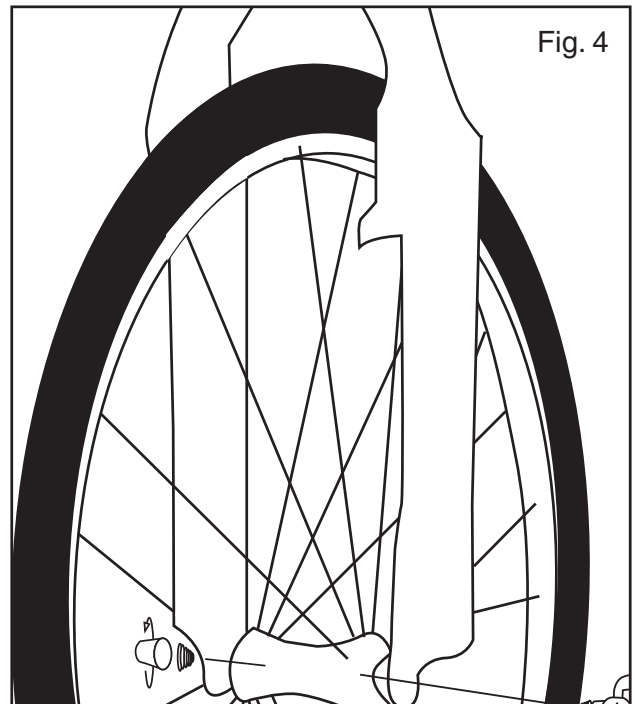
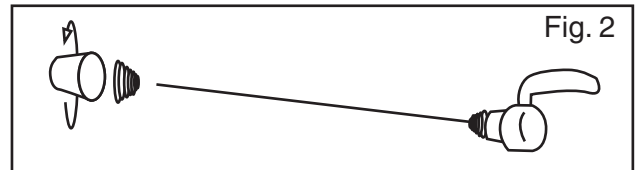
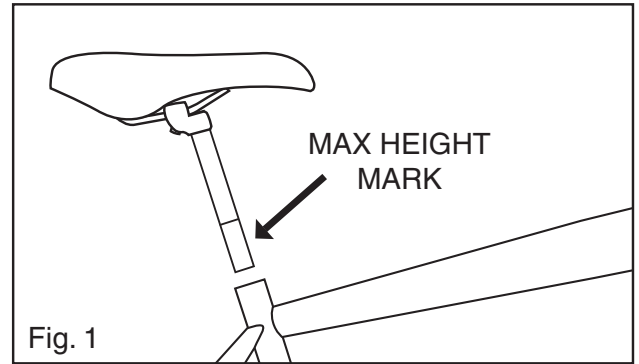


QUICK START ASSEMBLY INSTRUCTIONS

1. Remove Bicycle from carton along with seat and small parts box.
2. Carefully cut all tie wraps from bicycle and remove front wheel.
3. Take seat and seatpost then insert into seat tube of bike. (insert so max height mark on seatpost is hidden.) (Fig. 1)
4. Open small parts box and remove front wheel quick release lever.
5. Quick Release
 - A. Unscrew threaded side and remove one cone shaped spring. (Fig. 2)
 - B. Insert rod with Quick release lever through left side of wheel. Install cone-shaped spring onto shaft (small end in), screw on threaded end 2 or 3 turns. (Fig. 3)
6. Take front wheel and install it into forks with quick release lever on left side. Open lever all the way and proceed to tighten the lever. (Fig. 4)
7. Make sure wheel is in the center of fork.



1. Now take the stem that is already mounted on the bike. Remove the 2 allen bolts (or 4 bolts) from the face of the stem. (Fig. 5)
2. Take handle bars, hold up into the curved part of the stem, take the face of the stem and two allen bolts and attach back into stem. (Fig. 6)
3. Before tightening all the way down, adjust the bars and levers so they are at a 45° angle to the ground. Now tighten bolts evenly.
4. Remove pedals and small parts box, look for an L-left or a R-right on the spindle of the pedal(threaded part) or observe tag on pedal L or R.
5. Take right pedal and install on drive side of bike turning clockwise, tighten with a 15mm pedal wrench or thin 15mm wrench. Take left pedal, install on non-drive side and turn counter clockwise to install. You will always be tightening toward the front of the bike. (Fig. 7)

CAUTION - INSURE PEDALS ARE COMPLETELY TIGHTENED INTO CRANKS. DAMAGE TO CRANKS AND PEDALS MAY OCCUR IF NOT SECURE.

7. Now adjust seat to desired and safe height, allowing for both feet to touch the ground when seated. Never adjust seat above maximum height mark!

CHECK ALL REMAINING NUTS AND BOLTS FOR TIGHTNESS. LOOSENING MAY HAVE OCCURRED DURING TRANSIT. RECHECK AFTER RIDING AND WITH EACH USAGE THEREAFTER.

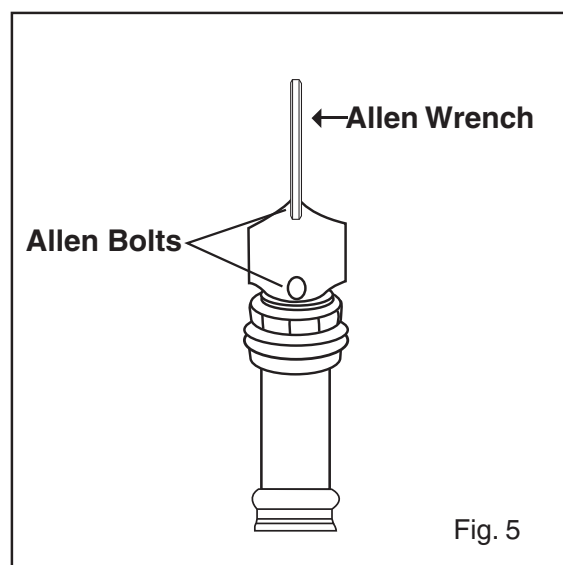


Fig. 5

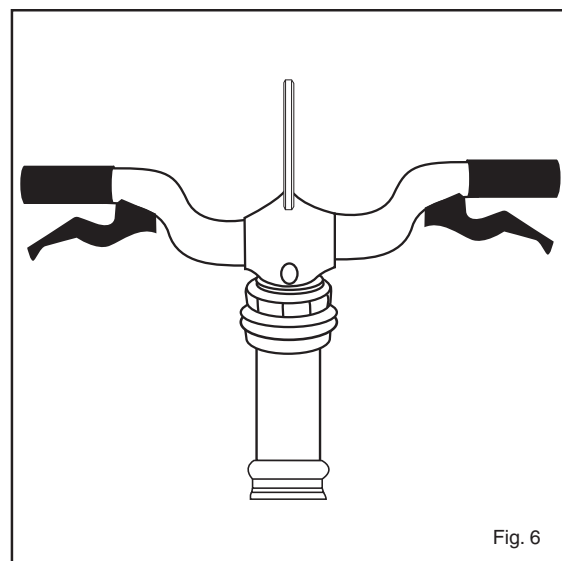


Fig. 6

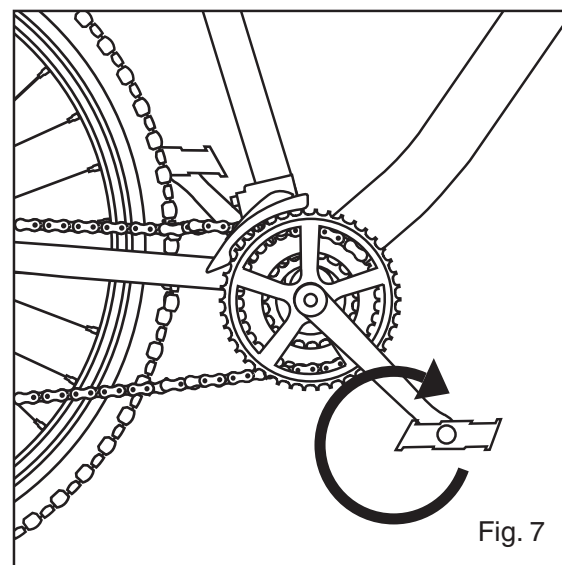


Fig. 7



Worldwide Source For All Your Cycling Needs
 2105 SE 5th Street, Ames, IA 50010
 T: (515) 232-0277 F: (515) 232-0279
 Email: info@cyclefg.com Web: www.cyclefg.com

